



# Behavioral Health is Essential To Health



Prevention Works



Treatment is Effective



People Recover



# Healthcare Reform Impact

## *The Road Ahead*

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# What Are Major Drivers for the Field?

- More people will have insurance coverage— enrollment and coverage
- Medicaid will play a bigger role in MH/SUD than ever before
- Focus on primary care and coordination with specialty care
- Major emphasis on home and community based services and less reliance on institutional care
- Preventing diseases and promoting wellness is a huge theme

# What's Been Done So Far?

- States can receive federal matching funds now for covering low-income individuals and families
- 1M “donut hole” checks to Medicare individuals
- Prevention Trust Fund \$ awarded
- Extending coverage to young adults
- Providing free preventive care
- Ability to appeal coverage determinations
- No lifetime limits on benefits
- Prohibiting pre-existing coverage for children

# What Work Needs to Get Done?

- Identifying and agreeing on what are good and modern services
- Identifying the evidence that supports these services
- Identifying new services and approaches that should be introduced and tested
- Identifying and agreeing upon the quality indicators that will know when people are getting better
- Identifying strategies that will help people know their benefits, how to enroll and stay enroll
- Roadmap for consumers and families regarding health care reform

# What Work Needs to Get Done?

- Help policymakers understand the key concepts:
  - Person-centered planning
  - Shared decision making
  - Self-direction
  - Peer support services
- Identifying strategies for providers to deliver services that achieve necessary outcomes

# Roles and Responsibilities

- Federal Role:
  - Setting Policy and Guidance
  - Incentivizing Implementation
  - Research and Development
  - Evaluation and Monitoring
  - Stakeholder Groups and Councils
- State Role:
  - Developing their own designs
  - Making decisions about optional program and grant opportunities
  - Implementation Timelines and Strategies
  - Feedback Loops—stakeholder groups
  - Evaluation and Monitoring

# What Can You Do?

## Understand the Key Concepts

- Healthcare Exchanges
- Health Information Exchanges
- High Risk Pools
- Benchmark Plans
- Essential Benefits

# What Can You Do?

- Remember—much of the action will be in the states:
  - Attending state stakeholder groups on health care reform
  - Identifying and educating legislative committee members that will be responsible for developing and introducing legislation on health care reform.
  - Disseminating information from the federal government regarding health care reform opportunities, milestones, dates and progress.
  - Remaining informed—sign up for various updates from executive and legislative branch as well as other constituency groups.
  - Don't operate independently—join/organize a coalition that aligns with your vision and needs

# How Can I Stay Informed/Involved?

- Surf: <http://www.healthcare.gov>.
- Watch a Movie:  
<http://www.healthcare.gov/news/videos/index.html>
- Participate:  
<http://www.healthcare.gov/center/councils>.
- Write: [www.regulations.gov](http://www.regulations.gov).
- Roadmap: [www.samhsa.gov/healthReform](http://www.samhsa.gov/healthReform)