

ALTERNATIVES  
SCHEDULE OF WORKSHOPS AND INSTITUTES

	THURSDAY 10:15 A.M. WORKSHOPS	PRESENTER(S)
A.	The Building of a Recovery Program in Mental Health – The Journey to a Person-Centered Wellness	Mertice Gitane Williams, Cindy Mataraso
B.	Fighting Forced Outpatient Treatment in New York	Harvey Rosenthal, Peter Ashenden
C.	A Japanese-American Consumer Exchange	William Slocum, Ken Udagawa, Denise Cate, Saho Tamamura, Gaines Lyons
D.	A Dream Come True: A Model for a Non-Pathological, Holistic Environment for Recovery	Alexander Bingham
E.	Stigma and Discrimination: First-Hand Experiences and Perspectives	Anna Lubarov, Delphine Brody, Douglass Murphy, Etienne Brook Preston, Syl Plowright
F.	Innovative Self-Directed and Peer-Provided Service Models in Oregon	Adrienne Young, Dianne Duerscheidt, Rollin Shelton
G.	Creative Recovery: Lights! Camera! Action!	Jennifer Brown, Emily Hoffman, Dan Fisher
H.	Servant Leadership: A Model for Managing New Power	Melody Reifer
I.	Recovery and Evidence-Based Practices	Robert Broman, Michael Franczak, Bob Bohanske
J.	Expressive Movement and Rhythm: Celebrating our Journey of Healing, Transformation, and Discovery	Catherine Penney
K.	Acupuncture: A Complementary Approach to Mental Wellness and Transformation	Lois Lewandowski

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	THURSDAY 2 P.M. WORKSHOPS AND INSTITUTES	PRESENTER(S)
A.	Creating an Internet Peer Support Group and Using New Web Resources	Robert Turri, Eduardo Vega, Jennifer Mellin
B.	A Dialogue on Recovery: What Supports Recovery?	Pamela Trammell, Rosemary Carney, Delphine Brody, Margene McGee, Andrew Phelps
C.	Stepping Stone Peer Support and Crisis Respite Center: How It Works	Lenora Kimball, Whitney Struse
D.	Peer Specialists – The Natural Support Experts	Peter Ashenden, Mariah Bishop
E.	Anger Management for Leading in Work and Group Situations	Edie Mannion
F.	Mentoring: Partnering with Peers, Family Members, Clinical and State Mental Health Administrators	Tom Kelly, Kathy Bashor, Vicki Staples, Sara Cota
G.	Making Recovery Work at Work: Quality Assurance for Recipient-Run Organizations	Deborah Max
H.	Recovery and Your Rights: How to Take Your Power Back with a Mental Health Care Power of Attorney	Lisa St. George, Eugene Johnson
I.	The Ultimate Recovery Center	Regina D. Koch-Mart, Gaye Tolman, Trish Bleth, Kevin Ferris, Mindy Bernstein, Fred Trost, Patricia Rogers, Evelyn Reddick, Donna Feno
J.	How a Trauma Focus Can Make Recovery and Transformation Possible - INSTITUTE	Jacki McKinney, Susan Mockus, Rhonda Elsey-Jones, Gloria Grijalva-Gonzales, Barbie Church
K.	Self-Direction as a Route to Recovery - INSTITUTE	Nancy Fudge, Larry Fricks, Judith Cook, Carolyn Russell
L.	Peer Support: Road to Success - INSTITUTE	Dan Steffy, Beverly McGuffin, Wanda Black, Beth Stoneking, Edward Grijalva, Sheldon Cowles, Ken Rogers
M.	Life Beyond Recovery-Programs and Services are Just Not Enough! INSTITUTE	Amy Long
N.	Recovery: The Journey from Different Perspectives - INSTITUTE	Sally Zinman, Dan Fisher, Catherine Penney, Duncan Mills
O.	Using the Arts for Healing and Personal Transformation - INSTITUTE	David Babak, Debbie Alban, Debbie Whittle, Gayle Bluebird
P.	Reclaiming Our History, Recovering Our Lives - INSTITUTE	Darby Penney

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	THURSDAY 3:45 P.M. WORKSHOP TITLE	PRESENTER(S)
Q.	Training: Disaster Crisis Counseling Program	Anna Gray
R.	Understanding Latino Needs	Blanca DeLeon, Aurora Baldizon, Eduardo Vega
S.	Housing Within Reach: Tools for Community Integration	Louetta Hix, Gina Turley, Lawrence Wilson
T.	Heroes and Recovery	Nancy Stillwell, Frank Young, Linda Brown, Alice Smith, David Hochstrasser Candy Smith, Dorothy White, JoAnn Clark, Debra
U.	From the Inside to the Outside: Your Wellness, Your Recovery	David Bayne
V.	HALI Homes: Not Just Housing	Ellen M. Healion
W.	Clear Path to a Blue Sky	Valley Owen
X.	Gratitude: A Spiritual Path to Healing and Recovery	Maxine Bender-Brey

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	FRIDAY 10:15 A.M. WORKSHOP TITLE	PRESENTER(S)
A.	Establishing Peer Support Networks in the Community after Disaster Situations	Carolyn Archer, Kay Rote, Margaret Mitchell, Daily Dupré
B.	Social Security Disability Work Incentives Benefits, and Protection and Advocacy for Beneficiaries	Kent Earnhardt
C.	Beyond Pathology: A Wholeness-Based Perspective	Debbie Whittle
D.	Providing Trauma-Informed Peer Support	Kathy Muscari, Shery Mead
E.	International Perspectives on Recovery, Self-Help, and Empowerment	Chris Hansen, Mari Yamamoto, Judi Chamberlin
F.	Communicating Your Message through the Media	Susan Rogers
G.	"The New York State Consumer White Paper": Infusing Recovery-Based Principles in Mental Health Services	Mariah Bishop, Carlton Whitmore, Joshua Koerner
H.	Wellness Centers: Peer Supporters in Action	John Travers, Emy Singson, Denise Cate, Barbara Russaw
I.	Communication Skills for Providing Sensitive, Recovery-Oriented Support to Peers	Sue Bergeson, Matthew Mattson
J.	Native American Talking Circle	Yvonne Fortier, Dino Haley
K.	What Would a Mental Health System Designed by Consumers Look Like?	Drake Ewbank, Elisabeth Snow

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A.	Art Awakenings: Empowerment and Recovery through Creativity	Sandra Ashely, Garland Jackson, Nanette Tanner, Camille Smith
B.	Self-Care and Healing: Intending Wellness and Reclaiming Personal Power	Sharon Cadiz
C.	How Consumer/Survivors are helping to Reduce/Eliminate the Use of Seclusion and Restraint, Part I	Kathy Bashor, Gayle Bluebird, Beth LaCrosse, Howard Trachtman
D.	Building Our Own Evidence	Beckie Child, Carla Green, Christine Conway Reese
E.	You Can Succeed in Higher Education and Self-Employment	Can Truong, David Romprey
F.	How the Legal System Can Help Create a Recovery Culture in Mental Health Systems	Jim Gottstein
G.	Accelerating Recovery Culture in a Community Mental Health Center	Tom Lane
H.	Culturally Sensitive Services for Consumers of Color	Linford Gayle
I.	Phoenix Crisis Intervention Team Partnership	Alisa Nakashima-Smith, Nick Margiotta
I.	"Housing First" - The Consumer Experience	Stephen Yates, Jane Whiley, Michael Riccio, Ricardo Moore
K.	Survival Tools for Peer Support Programs in the Era of Evidence-Based Practices - INSTITUTE	Jean Campbell
L.	Essentials of Peer Empowerment - INSTITUTE	Phil Schulman, Connie Downey, Sarah Edmonds, Drake Ewbank, Janet Paleo
M.	How Consumers can Get to a Table and Have Voice in the Recovery Transformation - INSTITUTE	Dan Fisher, Celia Brown, Larry Belcher, Joe Swinford
N.	Wellness and Healing in Maori Culture of New Zealand - INSTITUTE	Amsley Brunton, Shayne Brunton, Ngaeren Thomas, Piki Tekaha, Fabion Ponga, Leanne Ponga, Josephine Takarangi-Firmin, Jim Marbrook
O.	Peer-Run Crisis Alternatives - INSTITUTE	Shery Mead, Amy Long
P.	The Recovery Consortium: Statewide Organizing for Recovery - INSTITUTE	Doug DeVoe, Emily Hoffman, Sally Zinman, Marty Roberts, Judi Chamberlin

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Q.	Unblocking the Force that Empowers You, Your Group, and Your Cause	Jean McPhaden, Helen Siefert
R.	Emerging Best Practices in Mental Health Recovery	Glenn Hopkins, Wilma Townsend, Laura Maxwell, Pete Canfield
S.	How Consumer/Survivors Are Helping to Reduce/Eliminate the Use of Seclusion and Restraint, Part II	Howard Trachtman, Glenn Koons, Pat Risser, Pamela Trammell
T.	Sharing Hope, Recovery and Wellness with Consumers and Staff at State Psychiatric Hospitals	Peggy Swarbrick, Andy Bernstein, George Brice
U.	Creating a Culture of Recovery in Mental Health Using Certified Peer Specialists	Linda Buckner
V.	Peer Support & Recovery: What Helps, What Hinders - When and How?	Reneé Kopache, Lisa Oswald, Thelma Rist
W.	Peer Services: Vocational, Volunteer, Treatment Bonanza	Daniel Huff
X.	How Successful Stand-Alone Consumer Groups Can Partner with Private Managed Care Providers	Mike Halligan, Beth Epps
Y.	Walking the Walk: Maintaining a Drug-Free Workplace	Joshua Koerner
Z.	Gay, Lesbian, Bisexual, Transgender Consumers: Sexual Minority Mental Health Issues	Bert Coffman, Michael Bottomley

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	SATURDAY 10:15 A.M. WORKSHOPS	PRESENTER(S)
A.	Men and Trauma	Patrick Risser
B.	The Role of Consciousness in Self-Directed Recovery	Sarah Ho, Cheryl Kauwe
C.	How to Change the Mental Health System without Really Trying	Michael Hlebechuk
D.	Achieving Recovery: Peer-Run Programs that Leave No One Behind	Joseph Rogers
E.	West Virginia Leadership Academy	Kelly Lane, Linda Pauley
F.	Training the Trainer - Let's Examine Peer Specialist Training	Lisa Nelson, Nate Rockitter
G.	The Alliance Empowerment Coalition	George Ebert, James Rye , Anne Dox, Mary Ann Ebert, Elaine Levin, Dennis Whetsel
H.	What's Pride Got to Do with It? The Intersections Between Mad Pride and Disability Pride	Krista Erickson, Sarah Triano
I.	Education as a Means to Recovery	Mark Salerno, Lori Ashcraft
J.	Native American Healing and Spirituality through Cultural Traditions and Boogie (Apache Songs and Stories)	Boni Delmar, Ramiro Guevara
K.	Strategies to Build Political Power	Andrew Imperato
L.	The Pennsylvania Community Support Program	Glenn Koons

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A.	Developing a Consumer Network in an Urban Environment	Larry Belcher, Ann Rider
B.	Righteous Anger: Young, Drugged, and Locked Up: Recovered to Tell the Story	Aubrey Ellen Shomo
C.	Facing the False Looking Glass: The Recovery and Healing Road for Consumers who Face the Challenge of Substance Abuse	Leslie Washington, Cherie Bledsoe, Kathleen Washington
D.	Recovery - The Journey	Colleen Jasper
E.	From Vision to Reality: A Roadmap to Systems Transformation	Dianne Dorlester, Lorie Roberts, Ted Johnson
F.	Making Molehills Out of Mountains - Breaking Down Barriers in Rural Areas	Gayanne Ison, Henry Grater, Kelly Parker
G.	Community Building: Solutions for Community Living	Rosa Christie, Cynthia Wood
H.	Kansas Consumers and Evidence-Based Practices	Gary Parker, Kathy Cash, Su Budd
I.	Beyond the Border: Using Curricula and Personal Experiences to Overcome Stigma and Recover - INSTITUTE	Reneé Kopache, Thelma Rist, Lisa Oswald, Ellen Dayan
J.	Dante's Cure: The Role of Therapy in Recovery - INSTITUTE	Catherine Penney, Daniel Dorman

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K.	Breaking the Cycle: Getting Beyond Recovery	George Nostrand, Mary Phelan
L.	Milestones to Recovery: A Successful Peer-to-Peer Program	Maureen Marrin
M.	Research to Achieve a Consumer-Directed Mental Health System	Jonathan Delman
N.	If Your Mental Health Supports Make Sense, You Might Be in a Brokerage	David Romprey, Maxine Stone
O.	Our Part in Bringing the Crisis Intervention Team Model for Law Enforcement to Milwaukee	Lyn Malofsky, Bob Driscoll
P.	Forgiveness and Spirituality	Igomene "Iggy" Joseph, Cynthia Douglas-Smith